

Wray Walks: Rivers and Village Ramble

Start Point

Bridge House Farm tearooms

★ SD 606 674

Distance/Time



1.2 Miles / 45 Mins

Terrain

Roads, lanes and tracks

OS Explorer

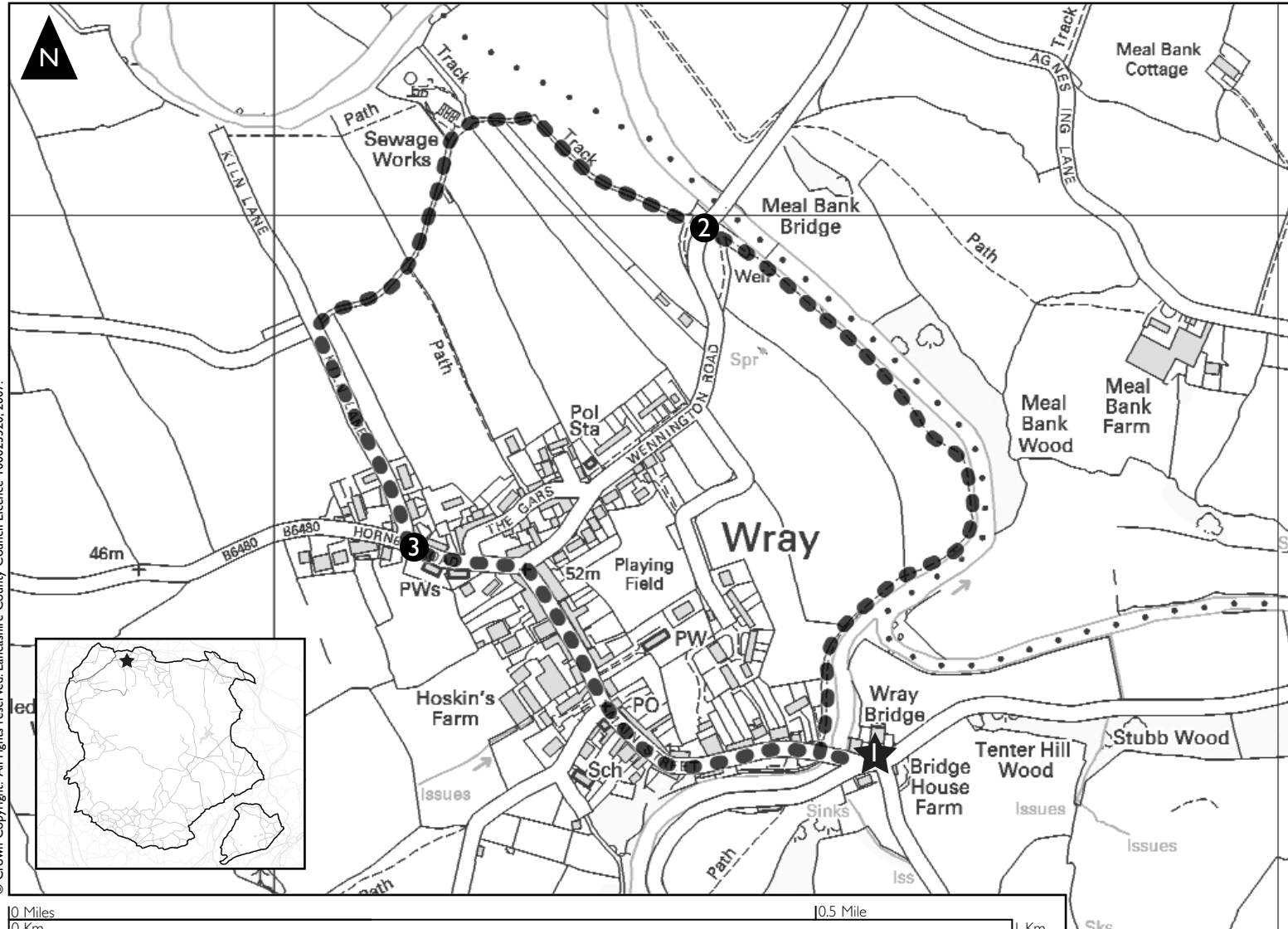
OL41

'Forest of Bowland and Ribblesdale'

Walk Description

This walk is waymarked with stone carvings, which are detailed below:

- ★ Leave Bridge House Farm tearooms and turn right over the bridge. Take the footpath down to the right and follow the left bank of the River Roeburn as shown by the stone carved 'Heron's head'. As you continue along the riverbank look out for the 'Salmon & Trout' and 'Kingfisher' carvings.
- ② As you reach Meal Bank Bridge spy the sly 'Fox' and cross the road carefully, past the stone 'Tractor' and down the slope to join a bridleyway track. As you reach the sewage works take the left fork past the 'Gull' and on to the junction with Kiln Lane. Here the 'Millstone' directs you left down Kiln Lane back to the village.
- ③ Where Kiln Lane meets the main road turn left and then right up the main street at the George & Dragon Public House. Follow this road back to the Bridge House Farm tearooms.



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About This Walk

On this walk follow the carved stone waymarkers depicting the local landscape and wildlife. The images were designed by local schoolchildren and carved by people who attended workshops led by local stone carver Boris Howarth.

The rivers in this area are important for sea trout and salmon, and local people have on occasion spotted the return of the otter.

The point where the Rivers Hindburn and Roeburn meet is a favourite spot for swimming and picnics.

As you pass the Wray Institute spend a little time at the Village Map and local history notes produced by the local Women's Institute to celebrate the Millennium.

Sustainable Tourism

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a protected landscape that is internationally important for its heather moorland, blanket bog and rare birds. In 2005 the AONB became the first protected area in England to be awarded the European Charter for Sustainable Tourism in Protected Areas, joining just 30 other areas across Europe. The Charter is awarded to protected areas that are delivering tourism that is both nature and landscape friendly and which contributes to the economic development of the region. The Charter approach ensures that organisations, local people and businesses are working together to protect the area, whilst at the same time increasing opportunities for visitors to discover and enjoy its special qualities.

You can contribute to sustainable tourism by:

- Leaving the car at home and using public transport instead
- Purchasing local products, including food and drink
- Making a donation to the Bowland Tourism Environment Fund through donation boxes at participating businesses in the area.

Countryside / Moorland Code



From a gentle stroll or relaxing picnic, to a long-distance walk or heart-pumping adventure, the countryside provides every opportunity for enjoyment and relaxation. If you follow the Countryside Code wherever you go, you'll get the best enjoyment possible and you'll help to protect our open spaces now and for future generations.

1. Be safe - plan ahead and follow any signs
2. Leave gates and property as you find them
3. Protect plants and animals, and take your litter home
4. Keep dogs under close control
5. Consider other people
6. Prevent uncontrolled moorland fires

Safety

If you are going for a walk, it is strongly recommended that you:

- Dress appropriately - avoid wearing denim and any other clothing, which doesn't dry quickly. It is better to wear lots of lighter layers, which can be easily removed or added. Sturdy footwear and waterproofs are also a must.
- Carry the right equipment - including an Ordnance Survey Map (OS Explorer OL41); compass; small first aid kit; high energy snack; something to drink; mobile phone (be aware that coverage can be patchy); whistle.
- Always let someone know where you're going and what time you expect to be back.
- Do not take any unnecessary risks.

If you are in difficulty or see someone in difficulty, please dial **999** and ask for **Mountain Rescue**.

To report any other incident contact:

- **Countryside Service** - **01772 534 709**, open 9am-5pm, Monday to Friday
- **Lancashire Constabulary** - **0845 1 25 35 45** or **999** for emergencies