



Take a tour around a great selection of tea shops and cafes

# BOWLAND TEA SHOPS

Area of Outstanding Natural Beauty

The Forest of Bowland Area of Outstanding Natural Beauty (AONB) is a nationally protected landscape and is internationally important for its heather moorlands, blanket bog and rare birds. It was designated as a protected area in 1964. The objective of designation is not only to conserve and enhance the AONB's natural beauty but also to promote the social and economic well-being of those who live and work within it.

All those enjoying the Forest of Bowland AONB are asked to follow the Countryside Code ([www.countrysideaccess.gov.uk](http://www.countrysideaccess.gov.uk)) and observe signs, particularly at sensitive times, such as the lambing and bird nesting season in spring and summer.

For more information, go to the AONB official website [www.forestofbowland.com](http://www.forestofbowland.com) where you can find a visitor guide, search for accommodation and events in the area and browse the local products directory as well as download walks and cycle and horse rides.

There are several local Visitor and Tourist Information offices within the area:

- Barnoldswick – Femea Avenue. Tel: 01282 666704
- Barrowford – Pendle Heritage Centre. Tel: 01282 677150
- Beacon Fell Country Park – Tel: 01995 649557
- Bentham – Town Hall, Station Road. Tel: 01524 262549
- Clitheroe – Ribbles Valley Borough Council Offices, Church Walk. Tel: 01200 425566
- Colne – Boundary Mills. Tel: 01282 856186
- Garstang – Booth's Supermarket, Park Hill Road. Tel: 01995 602125
- Kirkby Lonsdale – 24, Main Street. Tel: 01524 271437
- Morecambe – Old Station Buildings, Marine Road Central. Tel: 01524 528808
- Lancaster – Storey Creative Industries Centre, Meeting House Lane. Tel: 01524 582394
- Preston – Guild Hall. Tel: 01772 253731
- Settle – Town Hall. Tel: 01729 825192

For accommodation search and other information, also visit:  
 Bowland Experience Limited [www.bowlandexperience.com](http://www.bowlandexperience.com)  
 Lancashire and Blackpool Tourist Board [www.visitlancashire.com](http://www.visitlancashire.com)  
 Welcome to Yorkshire [www.yorkshire.com](http://www.yorkshire.com)

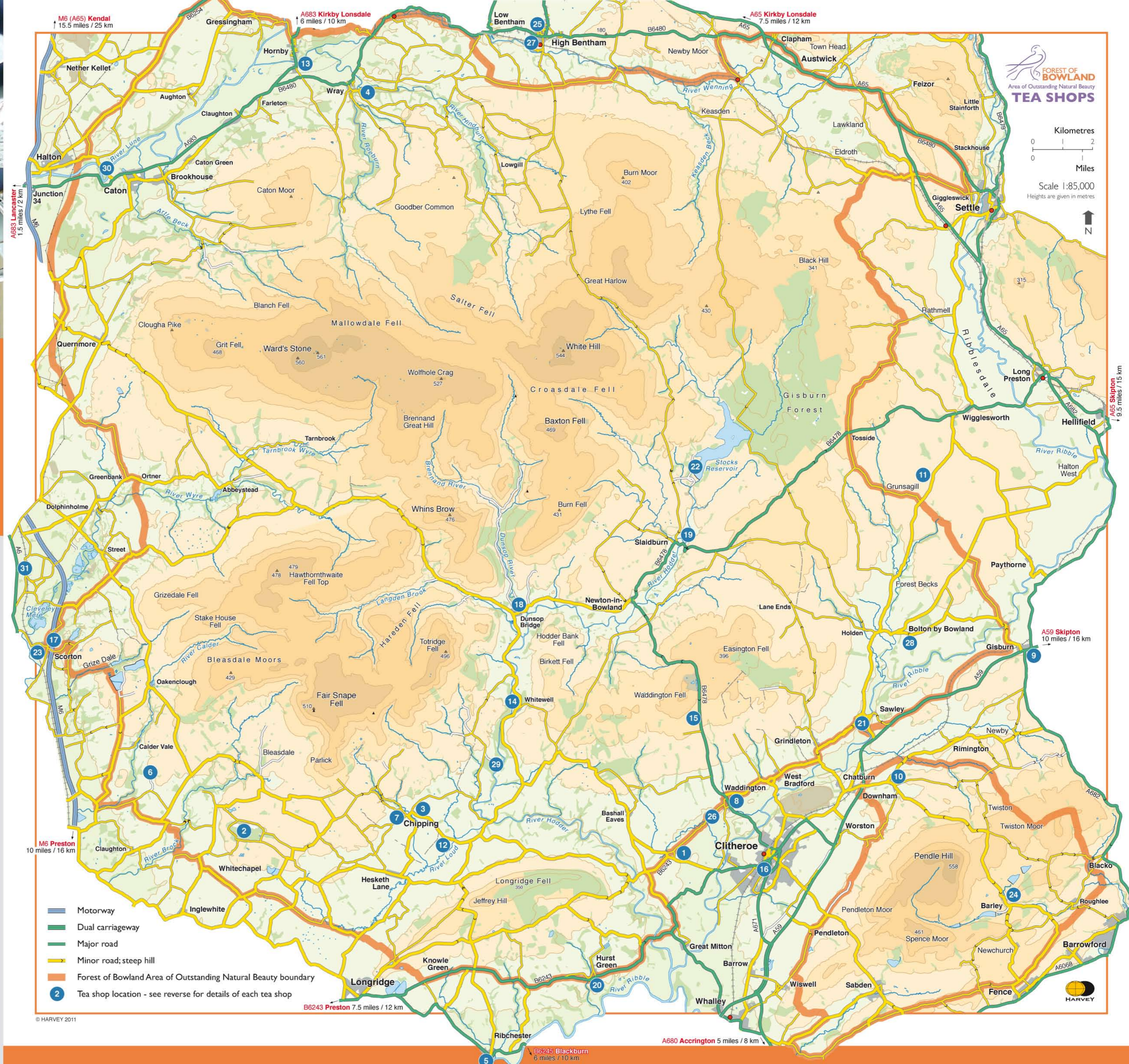
This map uses HARVEY data. A detailed map is available: *Forest of Bowland for walkers, cyclists and horseriders*. For more information on HARVEY maps please visit our web shop: [www.harveymaps.co.uk](http://www.harveymaps.co.uk) or call our hotline: 01786 841202.

Ordnance Survey Explorer OL41 Forest of Bowland and Ribblesdale also covers the area.

This information leaflet has been produced with the support of



Forest of Bowland Area of Outstanding Natural Beauty, The Stables, 4 Root Hill Estate Yard, Dunsop Bridge, BB7 3AY. Tel/fax: 01200 448000 email: [bowland@lancashire.gov.uk](mailto:bowland@lancashire.gov.uk)



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**1 Bashall Barn Food Visitor Centre**

Bashall Barn is one of those must see places, sitting in the heart of the Ribble Valley, surrounded by lush green fields this is the heart of artisan food production. Housing a 100 seater restaurant and a 40 seater tea room and ice cream parlour, as well as several artisan food producers that can be seen brewing, baking, cooking and ice cream making – this is where food is made.

**Bashall Barn Ltd, Bashall Town, Clitheroe, BB7 3LQ**  
 web: [www.bashallbarn.co.uk](http://www.bashallbarn.co.uk)  
 tel: 01200 428944 / email: [Simon@bashallbarn.co.uk](mailto:Simon@bashallbarn.co.uk)



**2 Beacon Fell Country Park**

Whether you are visiting the fell for a bracing walk and want a bowl of hot homemade soup or you are treating the family to a cream tea you will always receive good honest food at a reasonable price and a very warm welcome from our friendly team.

Open every day – April to September, 9.30am to 5pm – October-March 9.30am to 4pm

**Bowland Visitor Centre, Goosnargh, Preston, PR3 2ES**  
 tel: 01995 641160  
 email: [countryside@lancashire.gov.uk](mailto:countryside@lancashire.gov.uk)



**3 Brabin's Shop, Gallery & Tea Garden**

The oldest continuously trading shop in Britain, established 1668. Art Gallery with exhibitions of work by local artists, bookshop, plants and garden giftware. Tea Garden next to Chipping Brook serving tea, coffee, home-made cakes and Bond's ice-cream. Shop selling a wide range of gifts, greetings cards, traditional wooden toys, plus sweets, jams and cheese from Leagram Organic Dairy.

Open every day of the week until 5.30pm

**20-22 Talbot Street, Chipping, PR3 2QE**  
 web: [www.brabins-chipping.co.uk](http://www.brabins-chipping.co.uk)  
 tel: 01995 61221



**4 Bridge House Farm**

Located in the picturesque village of Wray. Bridge House Farm is a tearoom / bistro with a difference. The stunningly converted natural stone barn features solid oak floors and real wood burning stoves. Everything on offer is locally sourced and is made in house. Whether it's a coffee and cake or something more substantial you'll always be guaranteed a warm friendly welcome and beautiful surroundings.

Open Tues-Sun 10am to 5pm, 10am to 4pm winter. Bistro evening first and last Saturday of every month 7pm to 9pm

**Bridge House Farm, Wray, LA2 8QP**  
 web: [www.bridgehousefarm.co.uk](http://www.bridgehousefarm.co.uk)  
 tel: 015242 22496 / email: [bridgehousefarm@gmail.com](mailto:bridgehousefarm@gmail.com)



**5 Carmen Rose Tea Rooms**

The Carmen Rose Traditional English Tea Rooms can be found in the heart of the pretty village of Ribchester. Set on the banks of the River Ribble, well known as a significant Roman site. Come and relax in our comfortable Tea Rooms. There's something for everyone from Traditional Cream Teas to Sandwiches, Toasties, Afternoon Tea, Cakes, Teas and Coffees. Easy parking. All are very welcome.

Open all year round, 7 days, 9am to 5pm

**The Old Barn, Church Street, Ribchester, PR3 3YE**  
 web: [www.thecarmenrose.co.uk](http://www.thecarmenrose.co.uk)  
 tel: 01254 878431 / email: [info@thecarmenrose.co.uk](mailto:info@thecarmenrose.co.uk)



**6 Cobble Hey Farm and Gardens**

Get closer to nature in the Forest of Bowland and visit Cobble Hey and get a taste of excellent home cooking. We source all our produce locally, and we prepare it all freshly on site. From home baked scones with jam and cream to Goosnargh chicken or turkey served on sandwiches or jacket potatoes just to name a few.

We open from Thursday to Monday from 10.30-4.30, with something for the whole family

**Off Hobbs Lane, Claughton on Brock, Garstang, PR3 0QN**  
 web: [www.cobblehey.co.uk](http://www.cobblehey.co.uk)  
 tel: 01995 602643 / email: [cobblehey@aol.com](mailto:cobblehey@aol.com)



**7 Cobbled Corner Cafe**

The Cobbled Corner is set in the heart of the village of Chipping. Its picturesque surroundings allow customers to relax and enjoy the scenery. The Cobbled Corner caters for all, from small functions to takeaway meals. All the dishes served at the Cobbled Corner are homemade and we use produce from local suppliers in the Forest of Bowland area. Why not try our home-made jams, chutneys and cakes?

Open seven days 10am to 5pm (see website for winter opening hours)

**2 Club Lane, Chipping, Lancashire, PR3 2QH**  
 web: [www.cobbledcorner.com](http://www.cobbledcorner.com)  
 tel: 01995 61551 / email: [mail@cobbledcorner.com](mailto:mail@cobbledcorner.com)



**8 Country Kitchen**

Set in the picturesque village of Waddington, Country Kitchen serves everything from cooked breakfasts or a light snack to a three course meal or tea and cakes. Proprietor Tim Slater serves fresh home made food using local suppliers. The cafe also sells a variety of local crafts and goodies such as preserves, old fashioned sweets and fudge. The cafe welcomes walkers, is dog friendly and has bike locks for cyclists.

Open Wednesday to Friday 9am-4.30pm, weekends 9am-5pm

**Clitheroe Rd, Waddington, Nr Clitheroe, BB7 3HP**  
 tel: 01200 429364  
 email: [timscatering@hotmail.co.uk](mailto:timscatering@hotmail.co.uk)



**9 Delicious Deli and Cafe**

Located in the heart of Gisburn. Providing wholesome food and your shopping essentials. A delightful licensed cafe offering home cooked breakfasts, lunches and afternoon teas. We specialise in local produce. Child friendly. Walkers welcome. Wifi.

Open 8am to 7pm Monday to Saturday and 10am to 4pm on Sundays

**11 Park View, Gisburn, BB7 4HA**  
 web: [www.deliciousdeliandcafe.co.uk](http://www.deliciousdeliandcafe.co.uk)  
 tel: 01200 445213 / email: [shop@deliciousdeliandcafe.co.uk](mailto:shop@deliciousdeliandcafe.co.uk)



**10 Downham Post Office**

Located in the picturesque village of Downham with remarkable views of Pendle Hill. We offer a selection of home cooked lunches to suit all tastes and appetites, home made cakes and scones, prepared using the freshest local ingredients. Dogs welcome. Open fires in winter.

Open every day all year 10.00am to 4.30pm - except Mondays in the winter

**Downham, BB7 4BJ**  
 tel: 01200 441242  
 email: [margaret\\_loveridge@yahoo.com](mailto:margaret_loveridge@yahoo.com)



**11 Gardenmakers**

Fresh home made food in relaxing surroundings just 3 miles from Gisburn Forest. Complimenting our full menu are new brunch and afternoon/high tea menus offering a tasty start or finish to your day out. We don't just cook it we grow much of it too!

Open 9am to 5.30pm everyday except Christmas and Boxing Day

**Coar's Farm, Wigglesworth, BD23 4SN**  
 web: [www.gardenmakers.co.uk](http://www.gardenmakers.co.uk)  
 tel: 01729 840848 / email: [gardenmakersuk@googlemail.com](mailto:gardenmakersuk@googlemail.com)



**12 Gibbon Bridge Hotel**

Relax on the terrace in the sunshine, in the Orangery or in the lounge in front of the fire, with one of our delicious afternoon teas. Scones, sandwiches, cakes, lemon cheese – all freshly baked for you on the premises so pre-booking is a must. Menus range from £5.00 - £25.00 per person.

Lancashire & Blackpool Tourism Awards - High Commended - Small Hotel of the Year 2010/11, Mobility level 1

**Green Lane, Chipping, PR3 2TQ**  
 web: [www.gibbon-bridge.co.uk](http://www.gibbon-bridge.co.uk)  
 tel: 01995 61456 / email: [reception@gibbon-bridge.co.uk](mailto:reception@gibbon-bridge.co.uk)



**13 Hornby Tea Rooms**

Hornby Post Office & Tourist Information centre is at the heart of Hornby. The Tea Rooms serve teas and coffees with homemade cakes, light meals and breakfasts. It is a great meeting point for walking & cycling groups before and following exploring the timeless landscape of lush pastures & ancient stone villages of the Lune Valley.

The Tea Rooms are open 7 days a week

**8 - 10 Main St, Hornby, LA2 8JR**  
 tel: 01524 221237  
 email: [pidanson@yahoo.com](mailto:pidanson@yahoo.com)



**14 Inn at Whitewell**

A listed 17th century coaching Inn, located in the heart of the Forest of Bowland. Situated high on the banks of the River Hodder with spectacular views down the valley. The inn serves delicious cream teas every day of the year, cold winter afternoon cheered by open log fires.

The Tea Rooms are open 7 days a week

**Near Clitheroe, BB7 3AT**  
 web: [www.innatwhitewell.com](http://www.innatwhitewell.com)  
 tel: 01200 448222



**15 Black Cat Cafe**

The Black is themed around the Pendle witches, as it has a superb view of Pendle Hill. We serve great sandwiches, coffee & hot chocolate, speciality teas and our Patisserie chef's home made Fudge & Desserts. In winter a real fire burns in the hearth to warm walkers and in summer we sell ice cream for cyclists and children alike. We are also licensed to sell alcohol and can be booked for children's parties.

Open daily in summer 11am to 5pm. Winter, Thu/Fri 11am to 2.30pm, Sat/Sun 11am to 5pm

**Moorkock Inn, Slaidburn Road, Waddington Fell, BB7 3AA**  
 web: [www.moorkockinn.co.uk/black-cat-cafe](http://www.moorkockinn.co.uk/black-cat-cafe)  
 tel: 01200 422333



**16 The Old Post House Hotel**

We are situated in the historic and charming town of Clitheroe in the Ribble Valley. We take pride in promoting traditional Lancashire fare, where all our produce is locally sourced. We are a 3 star hotel with 11 beautiful En-suite bed rooms.

Open daily 10am to 6pm (closed Thursdays 11.30am to 2.30pm) for Tea, Coffee and biscuits. Lunch 12pm to 2pm, Evening 7pm to 9pm. Sunday menu 12pm to 2pm and 5pm to 6-45pm

**44-48 King Street, Clitheroe, BB7 2EU**  
 web: [www.posthousehotel.co.uk](http://www.posthousehotel.co.uk)  
 tel: 01200 422333 / email: [rooms@posthousehotel.co.uk](mailto:rooms@posthousehotel.co.uk)



**17 The Priory**

Set in the picturesque village of Scorton. The Priory is the ideal place to refresh you on your visit. We cater for all, with homemade dishes made from local produce and even have our own bakery with fresh bread made daily. Local ales and fine wines are available in Scouts bar. With real log fires, a warm and friendly welcome awaits at The Priory.

Open 7.30am to 7.30pm Monday-Thursday, 7.30am to 8pm Friday, Saturday and Sunday (9pm in summer), Bar open daily until 11pm

**The Square, Scorton, nr Preston, PR3 1AU**  
 web: [www.theprioryscorton.co.uk](http://www.theprioryscorton.co.uk)  
 tel: 01524 791255 / email: [collinsonj@bt.com](mailto:collinsonj@bt.com)



**18 Puddleducks**

Puddleducks Tearoom is at the heart of Dunsop Bridge – the village at the centre of Great Britain! We are a family-run business where we make all our own cakes and bread, served in a cosy, country tea room with flagged floor and log burning stove. We also provide an excellent take-out service of hot and cold food and drinks.

Open every day of the week from 9.00am to 4.30pm

**Dunsop Bridge, Clitheroe, BB7 3BB**  
 tel: 01200 448241  
 email: [puddleduckstearoom@hotmail.co.uk](mailto:puddleduckstearoom@hotmail.co.uk)



**19 Riverbank Tearooms**

Riverbank Tearooms is a traditional country café in the beautiful, historic village of Slaidburn. Family run with local help, all our food is home made, using the finest local produce wherever possible. The tearoom is licensed and serves a wide variety of home made meals, snacks and home baking, from fresh scones and delicious cakes to fruit pies served with cream straight from the farm.

Open Tuesday to Sunday 10am to 5pm (Winter - Tuesday to Friday 10am to 4pm). Closed Mondays except Bank Holidays

**The Green, Slaidburn, BB7 3ES**  
 web: [www.riverbanktearooms.co.uk](http://www.riverbanktearooms.co.uk)  
 tel: 01200 446398



**20 The Shireburn Arms**

Our cosy bar is open all day, every day serving Morning Coffee and Afternoon Teas. Ideal for walking parties, with log fires, comfy cottage style seating, cask conditioned guest ales, so, why not pop in and enjoy a coffee with friends? Best Kept Hotel/Guesthouse 2010 (Best Kept Village Awards).

Enjoy traditional home cooked food, scones, cakes and pastries from our lounge menu available every day from 9am to 5pm

**Hurst Green, Clitheroe, BB7 9QJ**  
 web: [www.shireburnarmshotel.com](http://www.shireburnarmshotel.com)  
 tel: 01254 826518 / email: [sales@shireburnarmshotel.com](mailto:sales@shireburnarmshotel.com)



**21 The Spread Eagle**

There's more than Cake on the Plate... Silence, calm, stunning views, meandering river; there's much more on offer than just a sumptuous afternoon tea at The Spread Eagle.

Open all day every day for Afternoon Tea 2.30pm to 5.30pm

**Sawley, Clitheroe, BB7 4NH**  
 web: [www.spreadeaglesawley.co.uk](http://www.spreadeaglesawley.co.uk)  
 tel: 01200 441202



**22 Stocks Reservoir Fishery Cafe**

Hot and cold food. Tea, coffee, cold drinks, sandwiches etc. Inside and outside seating with views of Stocks reservoir and Gisburn Forest. Muddy boots welcome. Halfway point on reservoir walk. Parking. Toilets. Large parties catered for by prior arrangement. Tackle hire available.

Open 8am till dusk every day from March to November

**Catlow Rd, Slaidburn, BB7 3AQ**  
 web: [www.stocksreservoir.com](http://www.stocksreservoir.com)  
 tel: 01200 446 602



**23 The Barn**

At the gateway to the Forest of Bowland is The Barn at Scorton, a gift shop, plant centre, restaurant and coffee shop housed in 19th century stone barns. The coffee shop in the heart of The Barn serves cappuccinos, fine teas and light snacks, scones are made fresh on the premises every day!

The coffee shop is open Monday to Saturday 9am to 5pm and Sunday 10-5pm

**The Square, Scorton, Preston, PR3 1AU**  
 web: [www.plantsandgifts.co.uk](http://www.plantsandgifts.co.uk)  
 tel: 01524 795333 / email: [sales@plantsandgifts.co.uk](mailto:sales@plantsandgifts.co.uk)



**24 The Cabin**

A welcoming log cabin set at the foot of Pendle Hill, serving good old-fashioned, locally sourced food. The homemade cakes and scones are the perfect start for a walk in the beautiful surrounding countryside. Tourist information on walks and trails also available.

Open every day March to October from 9.30am to 4.30pm and November to February 9.45am to 3.15pm (4.00pm Saturday and Sunday) – closed Christmas Day

**Barley Picnic Site, Barley, BB12 9JX**  
 tel: 01282 696937



**25 The Fish Inn**

Our refurbished restaurant has a new menu including, of course, fish and chips and other favourites using local award winning produce. In the restaurant we now stock a small selection of gifts and sweet treats. New children's menu including all the favourites including free range, vegetarian products and scrummy dessert. We welcome muddy boots! Groups and bookings and Birthday parties welcome!

Open Monday to Saturday 11am to 2pm and 4.30pm to 8pm (except Wednesday until 9pm, Friday until 10pm), Sunday 5pm to 7pm

**22 Main St, High Bentham, LA2 7HL**  
 tel: 01524 261317



**26 The Plate @ Backridge**

The Plate @ Backridge café bar is a relaxed, airy venue which uses locally sourced produce, and has quickly established itself as one of the best places to eat in the Ribble Valley. You can enjoy dishes from the menu or daily specials board or simply relax on one of our sofas with a cappuccino and a slice of delicious homemade cake.

Open every day except Monday

**Backridge Farm, Twitser Lane, Waddington, BB7 3LQ**  
 web: [www.theplate.co.uk](http://www.theplate.co.uk) and [www.backridge.co.uk](http://www.backridge.co.uk)  
 tel: 01200 427304



**27 Thirty Seven Main Street**

Brunch, lunch or snacks available to eat in or takeaway. We have a range of speciality coffees and a selection of teas and cold drinks, plus wines, beers and spirits. All food cooked to order.

Please ring for details of our Bistro Evenings.

Open Monday to Saturday from 9.30am

**High Bentham, LA2 7HQ**  
 tel: 01524 263150



**28 Bolton-by-Bowland Tea Rooms and Shop**

Home made cakes and scones, light lunches and take-away sandwiches. Sunday Lunch in the winter and dinner parties by arrangement.

Open throughout the year - Monday to Saturday 8am to 5pm, Sundays 10.30 to 5pm

**2 Main Street, Bolton-by-Bowland, BB7 4NW**  
 tel: 01200 447201



**29 Bowland Wild Boar Park**

In the scenic Ribble Valley near Chipping, relax in our café overlooking pond and bird feeders. We serve a selection of homemade meals, snacks and cakes. Entrance fees apply to wander round the park, no charge if just using the café.

Easter to October open daily 10.30 to 4.30pm  
 November to Easter open Friday to Monday 11 to 3pm

**Chipping, Preston, PR3 2QT**  
 web: [www.wildboarpark.co.uk](http://www.wildboarpark.co.uk)  
 tel: 01995 61554 / email: [wildboar6@o2.co.uk](mailto:wildboar6@o2.co.uk)



**30 Woodie's Crook O Lune Snacks**

In the perfect setting of the Lune Valley, serving quality food and hot and cold drinks plus ice cream. With access to picnic areas and the 15km Millennium Path for cycling, walking, pushchairs, wheelchairs and fishing. Toilets on site. Leave M6 at Jct 34. Head East on A683 (for Kirkby Lonsdale) for 2 miles. Take left turn signposted Crook O Lune.

Open daily 9am to 4pm in July & August. Open Wednesday to Sunday 9am to 3pm, from September to June

Woodie's - The Brew with the View!

**Crook O'Lune, Halton, Near Lancaster, LA2 6LZ**  
 tel: 07967 121809 / email: [woodie\\_crookolune@fsmail.net](mailto:woodie_crookolune@fsmail.net)



**31 Zumo Cafe**

Licensed Teashop and Café, offering good home cooked foods and cakes including traditional afternoon tea. Becoming established as an outlet for local artists and craftspeople. 18 hole crazy golf course suitable for all the family. Easy access (on A6 exactly 2 miles south of junction 33 of the M6) with lots of parking.

Cyclists Welcome, Disabled Access

Open daily 9.30am to 5pm. Closed Mondays from October to April

**Whinney Brow Lane, Forton, Preston, PR3 0AE**  
 tel: 01524 792526  
 email: [karrie@zumocafe.com](mailto:karrie@zumocafe.com)



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 email: [timscatering@hotmail.co.uk](mailto:timscatering@hotmail.co.uk)



**9 Delicious Deli and Cafe**

Located in the heart of Gisburn. Providing wholesome food and your shopping essentials. A delightful licensed cafe offering home cooked breakfasts, lunches and afternoon teas. We specialise in local produce. Child friendly. Walkers welcome. Wifi.

Open 8am to 7pm Monday to Saturday and 10am to 4pm on Sundays

**11 Park View, Gisburn, BB7 4HA**  
 web: [www.deliciousdeliandcafe.co.uk](http://www.deliciousdeliandcafe.co.uk)  
 tel: 01200 445213 / email: [shop@deliciousdeliandcafe.co.uk](mailto:shop@deliciousdeliandcafe.co.uk)



**10 Downham Post Office**

Located in the picturesque village of Downham with remarkable views of Pendle Hill. We offer a selection of home cooked lunches to suit all tastes and appetites, home made cakes and scones, prepared using the freshest local ingredients. Dogs welcome. Open fires in winter.

Open every day all year 10.00am to 4.30pm - except Mondays in the winter

**Downham, BB7 4BJ**  
 tel: 01200 441242  
 email: [margaret\\_loveridge@yahoo.com](mailto:margaret_loveridge@yahoo.com)



**11 Gardenmakers**

Fresh home made food in relaxing surroundings just 3 miles from Gisburn Forest. Complimenting our full menu are new brunch and afternoon/high tea menus offering a tasty start or finish to your day out. We don't just cook it we grow much of it too!

Open 9am to 5.30pm everyday except Christmas and Boxing Day

**Coar's Farm, Wigglesworth, BD23 4SN**  
 web: [www.gardenmakers.co.uk](http://www.gardenmakers.co.uk)  
 tel: 01729 840848 / email: [gardenmakersuk@googlemail.com](mailto:gardenmakersuk@googlemail.com)



**12 Gibbon Bridge Hotel**

Relax on the terrace in the sunshine, in the Orangery or in the lounge in front of the fire, with one of our delicious afternoon teas. Scones, sandwiches, cakes, lemon cheese – all freshly baked for you on the premises so pre-booking is a must. Menus range from £5.00 - £25.00 per person.

Lancashire & Blackpool Tourism Awards - High Commended - Small Hotel of the Year 2010/11, Mobility level 1

**Green Lane, Chipping, PR3 2TQ**  
 web: [www.gibbon-bridge.co.uk](http://www.gibbon-bridge.co.uk)  
 tel: 01995 61456 / email: [reception@gibbon-bridge.co.uk](mailto:reception@gibbon-bridge.co.uk)

